



Monday		Tuesday		Wednesday		Thursday	
Jan 21	No School MLK Day	22	No School Teacher Work Day	23	Bananas & Pea Crisps	24	Mandarins & Rice Crackers
28	Bagels w/ Cream Cheese & Cucumbers	29	WW Pasta w/ Peas & Pasta Sauce	30	Graham Crackers, Apple sauce, & Milk	31	Cantaloupe & Yogurt
Feb 4	Pineapple & Cottage Cheese	5	Black Bean Spread w/ Tortillas & Red Peppers	6	Spanish Rice w/ Squash & Zucchini	7	Mixed Berries & Cheese Cubes
11	Brown Rice w/ Edamame & Parmesan Cheese	12	Broccoli & Woven Wheats	13	Roasted Carrot Hummus w/ Pita Chips	14	Quesadillas w/ Marinara Sauce
18	Mango & Yogurt	19	WW Macaroni & Cheese	20	Apple Wedges w/ Sun Butter & String Cheese	21	Oranges & Rice Crackers
25	Bananas & Chex	26	Tomato-Avocado Salad w/ Pita Chips	27	Rice Cakes & Cream Cheese	28	Brown Rice w/ Edamame & Parmesan Cheese

Please check the calendar on Monday mornings for that week's selection. Snack is subject to change.

- Chex is a mixture of Rice and Corn Chex cereal.
- For children 18-24 months, whole milk is served. For children 2-5 years, 1% milk is served.
- Coconut milk is used in place of cow's milk in the overnight oats and smoothie.

Our goal is to provide organic, non-GMO, low gluten, and whole grain snacks as much as possible.



Monday		Tuesday		Wednesday		Thursday	
Mar 4	Oranges & Rice Crackers	5	Caprese Salad & Toast	6	Non-Dairy Overnight Oats* & Mixed Berries	7	Spanish Rice w/ Squash & Zucchini
11	Honeydew & Yogurt	12	Quesadillas w/ Avocado Spread	13	WW Macaroni & Cheese	14	Graham Crackers & Milk
18	SPRING BREAK NO SCHOOL	19	SPRING BREAK NO SCHOOL	20	SPRING BREAK NO SCHOOL	21	SPRING BREAK NO SCHOOL
25	Cottage Cheese & Pineapples	26	Bananas & Chex	27	Caprese Salad & Toast	28	Rice Cakes & Cream Cheese
Apr 1	Bagels w/ Cream Cheese & Cucumbers	2	Tomato-Avocado Salad w/ Pita Chips	3	WW Pasta w/ Peas & Marinara Sauce	4	Mango & Yogurt

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Apr 8 Apple Wedges w/ Sun Butter & String Cheese	9 Woven Wheats & Green Beans	10 Cottage Cheese & Pineapples	11 No School Conferences	15 Rice Cakes & Cream Cheese	16 Spanish Rice w/ Squash & Zucchini	17 Pita Bread w/ Carrot Hummus & Cherry Tomatoes	18 Mixed Berries & Cheese Cubes
22 Quesadillas w/ Avocado Spread	23 Kiwi & Yogurt	24 Non-dairy Strawberry Banana* Smoothie	25 Broccoli & Woven Wheats	29 Cantaloupe & Yogurt	30 Non-Dairy Overnight Oats* & Bananas	May 1 WW Macaroni & Cheese	2 Tomato-Avocado Salad w/ Pita Chips
6 Caprese Salad & Toast	7 Apple Wedges w/ Sun Butter & Cheese Cubes	8 Rice Cakes & Cream Cheese	9 Oranges & Rice Crackers				

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